

Thetford Netball Club Newsletter



October 2021

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2021***

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Hello everyone! Welcome back after a short summer straight into autumn. We hope you and your family and friends are all well.

This edition of the newsletter sees some celebrations from last season, amongst our members, our Mavericks players and fun and games with some updates about our new home: Kings House Gardens.

If you ever have any ideas or anything you would like us to include in the newsletter, please do let us know!

We hope you all enjoy the coming winter season both at UEA, West Suffolk, Rickinghall, Cambridge and those in the East Region Youth League. Work hard, play hard!

LEAGUES

THE SUMMER LEAGUE

CUP 1
Spitfires
Griffins
Puma

CUP 2
Hercules
Typhoons
Hurricanes

JUNIORS
Dakota
Lightning
Tornadoes

Results

Here are the final results of each team from the Summer League. Well done to everyone that took part this year, it was so amazing to see you all out on court!

Spitfires	8th
Puma	5th
Griffins	1st

Hercules	7th
Typhoons	9th
Hurricanes	3rd

Dakota	2nd
Lightning	5th
Tornadoes	1st



THE TEAM C CUP Results

After 6 weeks of high competition between teams, we can reveal the winners of the Team C Cup competition. Congratulations to Team 1, who managed to win by 4 points!

Team C Cup Competition

Updated: 15 Jul, 2021

1	Team 1	27
2	Team 3	23
3	Team 2	18
4	Team 4	4

Following on from the league, was the Team C Cup tournament. Here, team 4 took us all by surprise, and won! They really did save all of their power until the end. Well done team 4!



END OF SEASON AWARDS



Summer league

Congratulations to the winners of each team this season, everyone has all worked tremendously hard, but a special well done to those who have been nominated for the Captain's player and Player's player awards.

Griffins

Captain's player	Melita Gosling
Player's player	Isobel Skeels

Spitfires

Captain's player	Jess Pope
Player's player	Nicola Clark

Tornadoes

Captain's player	Evie Beale
Player's player	Ailish Jenner

Lightning

Captain's player	Lexie Devlin
Player's player	Sara Khan

Puma

Captain's player	Keira Smith
Player's player	Erin Taylor

Hurricanes

Captain's player	Cleo Paine
Player's player	May Seldis

Typhoons

Captain's player	Brannan Donnachie
Player's player	Elena Armes

Hercules

Captain's player	Amy Stanton
Player's player	Ashlea Pegg

Dakota

Captain's player	Khyra Veasey
Player's player	Cici Brown

Cambridge league

Team 1 (seniors)

Captain's player	Bel Skeels
Player's player	Emma AV

Team 2 (U16)

Captain's player	May Seldis
Player's player	Katie Rogers

CELEBRATIONS

Saracens Mavericks



SCHOOL GAMES LONG SQUAD

BROOKE BARTLETT
CARA CONWAY-BAKER
TIA COOKE
DARCIE EVERITT
HANNAH GIBSON

HANNAH GRAY
AIMEE GREGORY
EDEN HILL
RIHANNA LUKE
KATHERINE MANSFIELD

OLIVIA PITT
MAY SELDIS
ELIZABETH STANDEN
OTTILIE SUMMERHAYES
MELISSA ZAWÉ

COACHING STAFF

HEAD COACH: BECKY TRIPPICK & ASSISTANT COACH: KARYN SANSOM
TEAM MANAGER: EMILY DRACKFORD & PHYSIO: RYAN CLARKE



UNDER 15 DEVELOPMENT SQUAD

ABBY CARR
AIMEE BONIFACE
ALISHA GLENN
AMELIA ONYEMS
CHARLOTTE TAYLOR
CHARLOTTE HATTAN
CHLOE CRACE

ELIZA GOODWYN
ERIN WILCOX
FARAH ARSHAD
FENELLA SCOTT
FRANCESCA NEWBOLD

GEORGIE PHILLIPS
GRACE KEARNS
KATIE ROGERS
MADDIE CHENERY
MAYA UBESIO

POLLY LAMBERT
REBECCA BIRCHALL
RUBY HICKS
SORCHA BRICKEL
RUBY PEACOCK
FLO SWANTON
ORLA EVANS

COACHING STAFF

COACH: VICKY SWEETING & ASSISTANT COACH: LOUISA HONE
TEAM MANAGER: JENNINE LOADER



Congratulations to Katie Rogers for being selected into the Under 15 development squad with Mavericks, and to May Seldis for being selected into the Under 15 school games long squad.



Well done to Melita Gosling who represented Mavericks U17's in two matches towards the end of the season.

Congratulations to Katie Fuller for receiving the Coaches player award with Norwich Futures and to Katie Rogers for receiving the Trainer of the season award.

NORWICH FUTURES

Coaches Player
Katie Fuller

Most Improved
Daphna Shalev

Trainer of the Season
Katie Rogers



Following on from a successful season with the U17's Melita was nominated to attend an England U19 positional day. We hope you enjoyed the experience!



ENGLAND ROSES ACADEMY POSITIONAL DAY



SHOOTERS

KINGS HOUSE GARDENS

The transformation



A huge thank you to everyone who has contributed to our amazing new pavilion. Throughout this time, we have seen so many incredible changes to our kitchen, bathrooms, locker rooms and social space. We look forwards to seeing the final changes over the next few months.

We encourage you to all take a look at the amazing facilities that Thetford Netball Club now hold! Take a look at the following photos if you haven't been able to have a look in person...



The Courts

Our court has now been resurfaced and we have managed to include some extra circles for training! It looks amazing!



TNC'S AGM

Awards

On the 23rd of September Thetford Netball Club finally held our AGM, and after a few years without being able to hold an in person meeting it was more than welcomed for all our club members to be together celebrating everyone's achievements.

A big thank you to the whole of the committee for putting everything in place to allow our club to be so successful, to all our club coaches and to Kate and Tina for leading the meeting!

During the AGM there were lot of awards given out celebrating an amazing season! Congratulations to all the award winners...

Golding Award for most improved Senior: Elena Armes

Pool Awards for most improved Juniors...

U11- Abigail Tyler

U12- Bailey Rae Townsend

U14- Evie Beale

U16- Josie Paine

Bedfordshire Most Improved: Fearn Bourne

Coaches Player...

U11- Ellie Buckley

U12- Heidi Marney

U14- Abby Clements

U16- Katie Rogers

Dawn Blake Award for the player of the season Junior: Melita Gosling

Senior Player of the Year: Emma Allison-Vije

Volunteer of the season: Michael Gosling

Club Member of the Year: Zara Veasey



West Suffolk Awards...

Cup 1 Winners- Griffin

U14 Winners- Tornadoes

U14 Player of the Season- Abby Clements

Cup 1 Player of the Season- Zara Veasey



ACTIVITIES

Wordsearch

WORDSEARCH 2021

L	S	C	O	R	E	F	S	C	I	O	M	S	T
L	L	S	P	N	R	E	S	R	T	C	E	E	O
A	I	F	N	E	L	N	A	G	O	M	N	N	R
B	I	L	H	U	O	U	N	P	U	M	A	A	N
T	I	U	C	O	D	I	T	I	N	H	G	C	A
E	R	R	H	S	N	A	W	E	H	K	R	I	D
N	E	P	E	T	N	N	K	I	R	A	I	R	O
H	Y	T	H	E	G	N	S	O	N	S	F	R	E
T	P	G	E	R	U	A	U	S	T	N	F	U	S
G	I	I	U	E	R	P	M	I	T	A	I	H	R
L	I	M	M	A	E	T	M	U	N	R	N	N	E
S	P	I	T	F	I	R	E	S	E	S	S	H	G
T	L	E	A	G	U	E	R	U	M	P	I	R	E
U	W	T	R	A	I	N	E	R	S	U	O	B	R

DAKOTA
LIGHTNING
LEAGUE
TRAINERS
HERCULES
TEAM
WINNING
SUMMER
GRIFFINS
TORNADOES
HURRICANES
PUMA
SCORE
TYPHOONS
SPITFIRES
NETBALL
UMPIRE

Answers can be found
on the back page!

How
many of
this
emoji can
you see
in the
image?



Answers
can be
found on
the back
page!



ACTIVITIES

CAN YOU SPOT THE 5 DIFFERENCES
BETWEEN THESE PICTURES...

Spot the Difference

Answers can be found
on the back page!



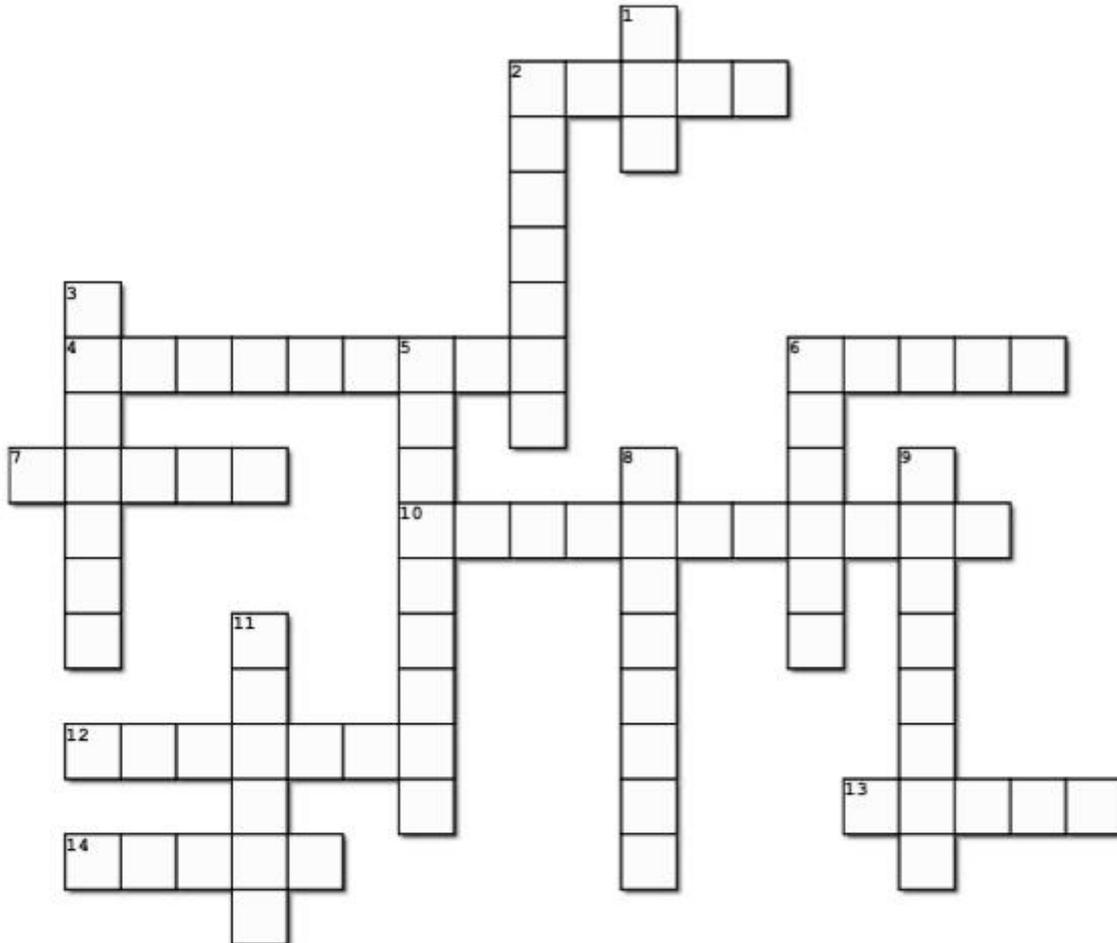
ACTIVITIES

Crossword

Answers can be found on the back page!

Crossword

Can you complete the crossword below...



Created using the Crossword Maker on TheTeachersCorner.net

Across

2. The colour umpires generally wear
4. When you hold the ball for more than three seconds
6. The area which you play in
7. A way to get free and loose a defender
10. When you're too close defending
12. The person in charge of the team
13. What we wear to play matches
14. The person who tells the team what to do

Down

1. What you wear to show your position
2. What umpires use
3. Someone who scores the goals
5. The theme of our team names
6. The position that can go everywhere except the shooting circles
8. Where you learn new things and practice in your team
9. When you move with the ball
11. The opposite of defence

EXTRA INFORMATION

Chairperson - Kate Clements
 Deputy Chairperson - Nicki Peace
General Secretary - vacant (Julie Amys will continue for now)
 Membership Secretary - Julie Amys
 Treasurer - Louise Devlin
 Head Coach - Sue Collins
 Caps Officer - Nic Clark
 Lead Safeguarding Officer - Tina Taylor
 Lead Covid Officer - Kate Clements
 Officiating Secretary - Ali Beale
 Junior Match/Fixture Secretary - Gill Alexander
 Fundraising and Social Coordinator - Zara Veasey
 Press Officer - Zara Veasey
 Website Officer - Deanna Stokoe
Kings House Gardens Representative - Vacant

Vacancies

Please see the list for this year's committee members. If anyone would like any of the vacant positions please contact us!



Training Rota

Team C Cup teams 2021/22

TEAM 1	TEAM 2
1. TAIA	1. THEA
2. LEAH	2. VICKY
3. JESSIE	3. ROSE
4. KIM	4. ZARA
5. OLIVIA	5. YOYO
6. DEANNA	6. ERIN
7. ABBY C	7. MAGGIE
8. NIC	8. ASH
9. CLAUDIA	9. BEL
10. ELLIE V	10. JESS
11. KATY K	11. JO W

TEAM 3	TEAM 4
1. SUZ	1. ELLIE P
2. ANNA	2. ELENA
3. PHIL	3. ELEANOR W
4. KR	4. KC
5. JULIE	5. MAY
6. JO GUYTON	6. JOSIE
7. CASS	7. AMY
8. KATIE F	8. SARAH
9. SOPHIE	9. CLEO
10. HARRIET	10. KIRSTY
11. MOLLY	

TNC 2021 – 2022 TRAINING SCHEDULE		
DATE	6.30PM – 8PM	8PM – 9.30PM
14 TH OCTOBER 2021	A & B	HERCULES & TYPHOON
21 ST OCTOBER 2021	A & B	HERCULES & TYPHOON
28 TH OCTOBER 2021	HERCULES & TYPHOON	A & B
4 TH NOVEMBER 2021	TEAM C CUP FIXTURES	
11 TH NOVEMBER 2021	HERCULES & TYPHOON	A & B
18 TH NOVEMBER 2021	A & B	HERCULES & TYPHOON
25 TH NOVEMBER 2021	A & B	HERCULES & TYPHOON
2 ND DECEMBER 2021	TEAM C CUP FIXTURES	
9 TH DECEMBER 2021	HERCULES & TYPHOON	A & B
16 TH DECEMBER 2021	TEAM C CHRISTMAS TOURNAMENT	
6 TH JANUARY 2022	HERCULES & TYPHOON	A & B
13 TH JANUARY 2022	A & B	HERCULES & TYPHOON
20 TH JANUARY 2022	A & B	HERCULES & TYPHOON
27 TH JANUARY 2022	TEAM C CUP FIXTURES	
3 RD FEBRUARY 2022	HERCULES & TYPHOON	A & B
10 TH FEBRUARY 2022	HERCULES & TYPHOON	A & B
17 TH FEBRUARY 2022	A & B	HERCULES & TYPHOON
24 TH FEBRUARY 2022	A & B	HERCULES & TYPHOON
3 RD MARCH 2022	TEAM C CUP FIXTURES	
10 TH MARCH 2022	HERCULES & TYPHOON	A & B
17 TH MARCH 2022	HERCULES & TYPHOON	A & B
24 TH MARCH 2022	TEAM C CUP FIXTURES	
31 ST MARCH 2022	A & B	HERCULES & TYPHOON
7 TH APRIL 2022	A & B	HERCULES & TYPHOON
14 TH APRIL 2022	TEAM C CUP FIXTURES	
21 ST APRIL 2022	HERCULES & TYPHOON	A & B

EXTRA INFORMATION



<https://www.netballuk.co.uk/>



<https://www.allroundernetball.com/>

TNC KIT

For any individuals requesting TNC kit, please bear with the club whilst this is being sorted out!

Interested in becoming an umpire or coach?

Coaching:
Speak to Sue, Gill, Zara or Kim about these opportunities!

Umpiring:

There are so many opportunities to book onto an online INTO umpiring course for those of you who want to give it a go and help the club out! Remember, without umpires your games cannot happen! Follow this link to have a look and book yourself onto a course-

<https://www.englandnetball.co.uk/course/into-officiating-course/>

For those of you who are already qualified INTO umpires, why not go further and apply for your C Award? Follow this link for more information-

<https://www.englandnetball.co.uk/course/c-award-umpire-course/>

Useful websites

Fancy some new trainers or kit? Take a look at these websites and start adding to your Christmas lists!

lovell netball

<https://www.lovellnetball.co.uk/>



<https://store.Englandnetball.co.uk/>



<https://www.gilbert-netball.com/collections/all-clothing>

Website

<https://www.thetfordnetball.co.uk>

Easy fundraising

<https://www.easyfundraising.org.uk/causes/thetfordnc>

Our Breckland Lottery

<https://www.ourbrecklandlottery.co.uk/support/thetford-netball-club>

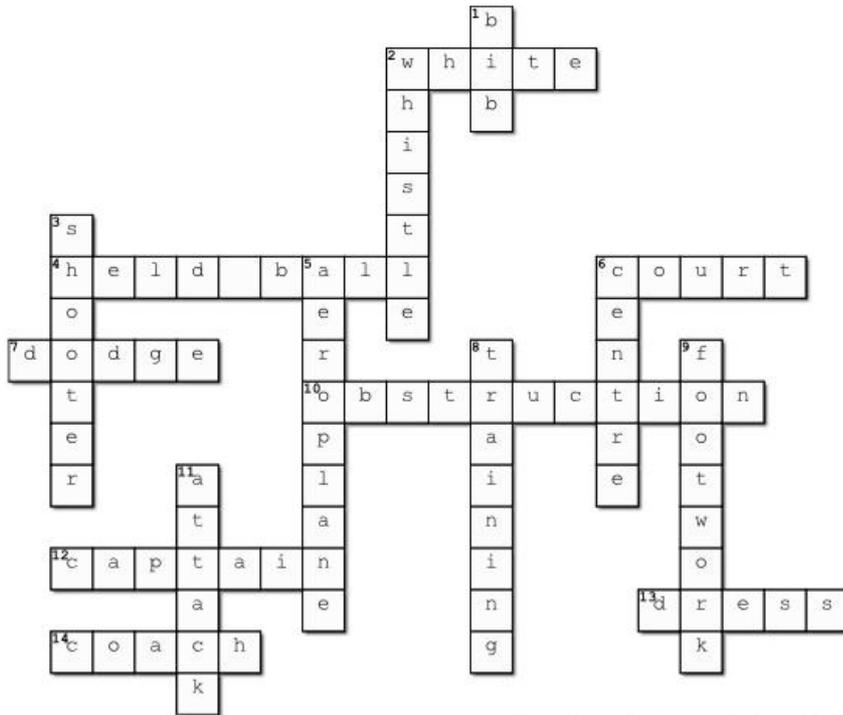
Team C express logistics Ltd

<https://www.teamc.co.uk/>

Any questions please email thetfordnetball@gmail.com



ANSWERS



Created using the Crossword Maker on TheTeachersCorner.net

Across

2. The colour umpires generally wear (**white**)
4. When you hold the ball for more than three seconds (**held ball**)
6. The area which you play in (**court**)
7. A way to get free and loose a defender (**dodge**)
10. When you're too close defending (**obstruction**)
12. The person in charge of the team (**captain**)
13. What we wear to play matches (**dress**)
14. The person who tells the team what to do (**coach**)

Down

1. What you wear to show your position (**bib**)
2. What umpires use (**whistle**)
3. Someone who scores the goals (**shooter**)
5. The theme of our team names (**aeroplane**)
6. The position that can go everywhere except the shooting circles (**centre**)
8. Where you learn new things and practice in your team (**training**)
9. When you move with the ball (**footwork**)
11. The opposite of defence (**attack**)